## If You Feel Different, You Drive Different

Join the U.S. Department of Transportation’s National Highway Traffic Safety Administration (NHTSA) safety initiative to educate the public about the importance of sober driving. The national *If You Feel Different, You Drive Different* drug-impaired-driving prevention campaign urges drivers to understand the importance of sober driving, and to help get drug-impaired drivers off the road.

**Talking Points**

**Overview**

* If you’re planning to use marijuana or any impairing drug, do not drive. Designate a sober driver who won’t be using any drugs or call a ridesharing service or taxi. Someone who’s high shouldn’t be making decisions about driving; that’s why planning ahead is key.
* It doesn’t matter what term you use — high, stoned, or wasted — never get behind the wheel after using an impairing substance.
* In every U.S. state and territory, it is illegal to drive under the influence of drugs — no exceptions.
* Whether the drug is legally obtained or not, drug-impaired driving poses a threat to everyone on the road.
* If you think driving while high from marijuana won’t affect you, you are wrong: It has been shown that marijuana can slow reaction times, impair cognitive performance, and make it more difficult for drivers to keep a steady position in their lane.

**Only Drive Sober**

* If you are planning to use drugs, plan ahead for a sober driver to safely drive you to your destination.
* Like drunk driving, it is essential that drug-impaired drivers refrain from driving a vehicle. It is never okay to drive while impaired by any substance — regardless of whether it was legally obtained.
* If you have used an impairing substance such as marijuana, do not drive.
* Passengers should never ride with an impaired driver. If you think a driver may be impaired, do not get in the car.
* Do you have a friend who is about to drive while impaired by drugs? Take the keys away and arrange to get them home safely. Don’t worry about offending someone — they’ll thank you later. And you might just save a life.
* If available, use your community’s sober ride program**.**
* If you see an impaired driver on the road, contact local law enforcement.

For more information, visit [www.nhtsa.gov/risky-driving/drug-impaired-driving](https://www.nhtsa.gov/risky-driving/drug-impaired-driving).

14381a-102519-v1